

Taos Retirement Village

Menu for the week of January 09,2022

	Sunday January 09,2022	Monday January 10,2022	Tuesday January 11,2022	Wednes. January 12,2022	Thursday January 13,2022	Friday January 14, 2022	Saturday January 15,2022
B r e a k f a s t	Oatmeal Scrambled Eggs Sausage Hash Browns Toast Grapefruit	Oatmeal Eggs Bacon Wheat Toast Banana	Cream of Wheat Sausage Egg and Cheese Biscuit Hash Browns Oranges	Cheerios Pancake Topped with Apples Sausage Patty Eggs	Oatmeal Fried Egg Bacon Hashbrown Danish	Oatmeal Cheesy Eggs Sausage Yogurt	Oatmeal Scrambled Egg Bacon Wheat Toast Orange Slices
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L u n c h	Braised Lemon And Herb Chicken Rice Pilaf Brussel Sprouts Chef's Choice Dessert	Italian Meatballs Over Zoodles Grilled White Button Mushrooms Garlic Bread Stick Chef's Choice Dessert	Carnitas Taco Pinto Beans Spanish Rice Pico de Gallo Lettce/Tomato Chef's Choice Dessert	Healthy Tuna Grain Bowl with Tumeric Sweet Potatoes Chef's Choice Dessert	Beef Stir Fry Steamed Rice Vegetable Potsticker Chef's Choice Dessert	Soup of the Day Spinach Salad Grilled Chicken Balsamic Dressing Chef's Choice Dessert	Beef Lasagna Italian Blend Vegetables Garlic Bread Chef's Choice Dessert
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D i n n e r	Corn Chowder Tossed Salad Biscuit Chef's Choice Dessert	Tuna Croissant Sandwich Lettuce/Tomato Cucumber Salad Chef's Choice Dessert	Bacon Ranch Pasta Tossed Salad Sweet Peas Chef's Choice Dessert	Oven Baked Ham Garlic Butter Noodles Mixed Vegetables Chef's Choice Dessert	BBQ Pork Rib Baked Beans Seasoned Green Beans Dinner Roll Chef's Choice Dessert	Salisbury Steak Mashed Potatoes/Gravy Seasoned Carrots Chef's Choice Dessert	Chicken Fajita Refried Beans Fiesta Rice Warm Tortilla Lettuce/Tomato Chef's Choice Dessert
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1. Put check in box for entrée for Lunch and/or Dinner
2. Give menu to the Front Desk by Noon on Friday