

Taos Retirement Village  
414 Camino de la Placita  
Taos, New Mexico 87571

Several  
Beautiful Units  
Available Now!  
Please call  
575-758-8248  
for a tour.



**TAOS RETIREMENT VILLAGE**  
www.TaosRetirementVillage.com

**the Village Perspective**

MAY 2018 414 Camino de la Placita • Taos, New Mexico 87571

## TEDDY'S TANTALIZING TEA



Resident Teddy Lachterman was gracious enough to host a beautiful Tea Party in the Main Building on April 11th.

Teddy spent weeks attending to each detail and meeting with the various departments to make sure the event unfolded smoothly. Chef Doris, her delightful daughter Alicia, and the Dietary staff worked with Teddy to create a light yet savory assortment of appetizers and desserts which paired perfectly with the Oolong Tea. She also

worked closely with Kris in the Life Enrichment department to make sure all residents were invited, and the room was decorated to fit her vision. Teddy exhibited her usual flair by setting the mood with stunning orchids reaching just below the ceiling.

A well-attended event, the village community appreciated this opportunity to get to know each other better. Thank you, Teddy, for a most enjoyable afternoon.

### UPCOMING EVENTS

#### A MID-MAY CAMPUS MIND, BODY AND STUFF CELEBRATION!

**TRV CARES HEALTH FAIR:  
MAY 12, 10AM-1PM**

Always finding ways to bring resources to our residents, and engage with the greater community, Life Enrichment Director Kris Gallegos has put together a Health Fair featuring many of the providers, agencies and businesses that support senior wellness in Taos County. This event is free and open to the public.

The TRV Cares Health Fair will be held in the Lower Courtyard. Participants will include Mountain Home Health, AAA Healthcare, Taos Hospice, CID's, Taos Herb, A and R Medical, Tammy's Reflexology, Strength and Balance Class, TRV Nursing will have a station for vitals, Nancy with

Massage, Yoga by Janice, and more. As a special treat, Kris has also arranged for the Equine Spirit Sanctuary to visit the fair with the miniature donkeys!

With a draw for everyone, help us make the first TRV Cares Health Fair a grand success!



Miniature Donkeys, Bindy & Marley

#### TRV RESIDENT ANNUAL



**MAY 12, 9AM-2PM**

With a campus filled with an eclectic mix of artists, writers, fashion designers, medical professionals, teachers and more, boy can our residents throw a unique yard sale!

Every year TRV Residents gather all the many useful, fun and sometimes surprising items they would like to offer for sale at the Garage Sale. Please invite your family and friends to peruse the many treasures they may discover in the Village Center Theater!

#### A GENEROUS DONATION

Thank you again to Stephanie "Teppie" Woolley, daughter of TRV resident, Stephanie Davis, for her generous donation of nine pieces of art that now grace the walls of our Main Building public areas.

The artist reception, with a question and answer period, and delicious food gave everyone an opportunity to learn more about Wooley's artistic process and adventures.

Thank you to Teppie and to her mama, Stephanie, for giving our dining room and music room a much-needed make-over.



Stephanie Presenting

#### In the MUSIC ROOM

**May 4 Taos Children's Group:** Mariachi Jaguar Encantado at 2:15pm

**May 30 Jimmy Stadler** at 10am

**Sharon or Brian's Storytelling** Thursdays at 11 am

#### This Month's BIRTHDAY

**David Boles 5/2**

# MAY 2018

## WEEK ONE

### 30 MONDAY

9:30am ..... South Loop Shopping - MB  
12 Noon..... Lunch - VB

### 1 TUESDAY

8:00am ..... Breakfast – VB  
9:30am..... Doctors' Appointments – MB  
10:30am..... Yoga with Janice – VT  
**11:00am..JENNY'S FRIENDS' MUSIC – MB**  
12 Noon..... Lunch – VB  
1:00pm..... Handwork Circle with Jan – MB

### 2 WEDNESDAY

9:30am ..... North Loop Shopping – MB  
10:30am..... Tammy's Creative Movement – VT  
11:30pm ..... Wellness Check - VB  
12 Noon..... Lunch – VB  
1:00pm..... Art with Garda – MB  
2:00pm..... Rummy Cube – Apt. #58

### 3 THURSDAY

8:00am..... Breakfast – VB  
9:00am..... Residents Council Meeting – VT  
9:30am..... Doctors' Appointments – MB  
10:00..... Residents Meeting – VB  
10:30am..... Yoga with Janice – VT  
**11:00am..Storytelling with Sharon – MB**  
12 Noon..... Lunch - VB  
**2:00pm....BUD'S BANJO MUSIC – MB**

### 4 FRIDAY

#### CINCO DE MAYO

10:30am...Strength and Balance – VT  
12 Noon...Lunch – VB  
12:30pm ..May Birthday cake – VB  
1:00pm.....Beauty Appointments – MB

### 5 SATURDAY

### 6 SUNDAY

## WEEK TWO

### 7 MONDAY

9:30am..... South Loop Shopping – MB  
12 Noon..... Lunch – VB

### 8 TUESDAY

8:00am..... Breakfast – VB  
9:30am..... Doctors' Appointments – MB  
10:30am..... Yoga with Janice – VT  
12 Noon..... Lunch - VB  
1:00pm..... Handwork Circle – MB

### 9 WEDNESDAY

9:30 am..... North Loop Shopping – MB  
10:30am..... Tammy's Creative Movement – VT  
**11:00am..St. James Episcopal Service – MB**  
12 Noon..... Lunch – VB  
1:00pm..... Art with Garda – MB  
2:00pm..... Rummy Cube – Apt. #58

### 10 THURSDAY

8:00am..... Breakfast – VB  
9:30am..... Doctors' Appointments – MB  
10:00am..... Library Work Group – VL  
10:30am..... Yoga with Janice – VT  
**11:00am..Storytelling with Brian– MB**  
12 Noon..... Lunch - VB  
**2:00pm....BUD'S BANJO MUSIC – MB**

### 11 FRIDAY

10:30am..... Strength and Balance – VT  
12 Noon..... Lunch – VB  
1:00pm..... Beauty Appointments – MB

### 12 SATURDAY

**9:00am-1:00pm .....**Garage sale  
**10:00am-1:00pm .....**Senior Wellness Fair

### 13 SUNDAY

#### MOTHER'S DAY

## WEEK THREE

### 14 MONDAY

9:30am..... South Loop Shopping – MB  
12 Noon...Lunch – VB

### 15 TUESDAY

8:00am.....Breakfast – VB  
9:30AM ....Doctors' Appointments – MB  
10:30am...Yoga with Janice – VT  
**11:00am..JENNY'S FRIENDS' MUSIC – MB**  
12 Noon...Lunch - VB  
1:00pm.....Handwork Circle with Jan – MB

### 16 WEDNESDAY

9:30am....North Loop Shopping – MB  
10:30am...Tammy's Creative Movement – VT  
12 Noon...Lunch – VB  
1:00pm.....Art with Garda – MB  
2:00pm.....Rummy Cube – Apt. #58

### 17 THURSDAY

8:00am..... Breakfast – VB  
9:30am ..... Doctors' Appointments – MB  
10:00am..... Library Work Group – VL  
10:30am ..... Yoga with Janice – VT  
**11:00am..Storytelling with Sharon – MB**  
12 Noon..... Lunch - VB  
**2:00pm....BUD'S BANJO MUSIC – MB**

### 18 FRIDAY

10:30am..... Strength and Balance – VT  
12 Noon..... Lunch – VB  
1:00pm..... Beauty Appointments – MB

### 19 SATURDAY

### 20 SUNDAY

# TAOS RETIREMENT VILLAGE ACTIVITY CALENDAR

## WEEK FOUR

### 21 MONDAY

9:30am.....South Loop Shopping – MB  
12 Noon...Lunch – VB

### 22 TUESDAY

8:00am.....Breakfast – VB  
9:30am .....Doctors' Appointments – MB  
10:30am..... Yoga with Janice – VT  
12 Noon .....Lunch VB  
1:00pm.....Handwork Circle – MB

### 23 WEDNESDAY

9:30am..... North Loop Shopping – MB  
10:30am..... Tammy's Creative Movement – VT  
12 Noon..... Lunch – VB  
1:00pm..... Art with Garda  
2:00pm..... Rummy Cube – Apt. #58

### 24 THURSDAY

8:00am..... Breakfast – VB  
9:30am ..... Doctors' Appointments – MB  
10:00am..... Library Work Group – VL  
10:30am ..... Yoga with Janice – VT  
**11:00am..Storytelling with Brian– MB**  
12 Noon..... Lunch - VB  
**2:00pm....BUD'S BANJO MUSIC – MB**

### 25 FRIDAY

10:30am..... Strength and Balance – VT  
12 Noon..... Lunch – VB  
1:00pm..... Beauty Appointments – MB

### 26 SATURDAY

**5:00pm ... Taos Chamber Music presents:  
Cello Chicks**

### 27 Sunday

## WEEK FIVE

### 28 MONDAY

#### MEMORIAL DAY

12 Noon...Lunch – VB

### 29 TUESDAY

8:00am..... Breakfast – VB  
9:30am ..... Doctors' Appointments – MB  
10:30am..... Yoga with Janice – VT  
12 Noon .....Lunch VB  
1:00pm.....Handwork Circle – MB

### 30 WEDNESDAY

**10:00am..Music with Jimmy Stadler – MB**  
10:30am..... Tammy's Creative Movement – VT  
12 Noon..... Lunch – VB  
1:00pm..... Art with Garda  
2:00pm..... North loop shopping  
2:00pm..... Rummy Cube – Apt. #58

### 31 THURSDAY

8:00am..... Breakfast – VB  
9:30am ..... Doctors' Appointments – MB  
10:00am..... Library Work Group – VL  
10:30am ..... Yoga with Janice – VT  
**11:00am..Storytelling with Sharon – MB**  
12 Noon..... Lunch - VB  
**2:00pm....BUD'S BANJO MUSIC – MB**

## THIS MONTH'S HOLIDAYS

**MAY 5 - FRIDAY - CINCO DE MAY**  
**MAY 13 - SUNDAY - MOTHER'S DAY**  
**MAY 28 - MONDAY - MEMORIAL DAY**

MB: Main Building  
VC: Village Center  
VB: Village Bristro  
BT: Bistro Theater

VL: Village Library  
EX: Exercise Room  
TBA: To Be  
Announced

WANT TO SEE WHAT THE FOLKS ARE  
UP TO? LIKE US ON FACEBOOK!



# MAY 2018

## TAOS RETIREMENT VILLAGE ASSISTED LIVING ACTIVITY CALENDAR

### WEEK ONE

#### 30 (APRIL) MONDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
2:00pm .....Puzzles and Trivia  
3:00pm .....Matinee Movie

#### 1 TUESDAY

11:00am....Morning Chronicle  
10:30am ...Morning Exercise  
**11:00am...JENNY'S FRIENDS' MUSIC**  
1:00pm ....Handwork Circle w/Jan  
3:00pm ....Matinee Movie

#### 2 WEDNESDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
1:00pm ....Art with Garda  
3:00pm ....Courtyard time

#### 3 THURSDAY

10:00am ...Morning Chronicle  
10:30am.... Morning Exercise  
**11:00am...Storytelling with Sharon**  
**2:00pm ...BUD'S BANJO MUSIC**  
3:00pm ..... Matinee Movie

#### 4 FRIDAY

#### CINCO DE MAYO

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
2:00pm .....Bingo  
3:00pm ....Matinee Movie

#### 5 SATURDAY

10:00am ....Morning Chronicle  
10:30am ....Morning Exercise  
11:00am.....Classic TV  
3:00am.....Matinee Movie

#### 6 SUNDAY

10:00am....Morning Chronicle  
10:30am ...Morning Exercise  
11:00am.....Classic TV  
2:00pm .....Matinee Movie

### WEEK TWO

#### 7 MONDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
2:00pm .....Puzzles and Trivia  
3:30pm .....Matinee Movie

#### 8 TUESDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
1:00pm .....Handwork Circle  
2:00pm .....Courtyard Time  
3:00pm ....Matinee Movie

#### 9 WEDNESDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
11:00pm ..St James Episcopal Service  
1:00pm .....Art with Garda  
3:00pm ....Matinee Movie

#### 10 THURSDAY

10:00am....Morning Chronicle  
10:30am....Morning Exercise  
**11:00am...Storytelling with Brian**  
11:00am....Classic TV  
**2:00pm ...BUD'S BANJO MUSIC**  
3:00pm .....Matinee Movie

#### 11 FRIDAY

10:00am....Morning Chronicle  
10:30am....Morning Exercise  
11:00am ...Classic TV  
2:00pm .....Courtyard Time  
3:00pm .....Matinee Movie

#### 12 SATURDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
**10:00am-2:00pm Senior Wellness Fair**  
11:00am ...Classic TV

#### 13 SUNDAY

#### MOTHER'S DAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
2:00pm ....Matinee Movie

### WEEK THREE

#### 14 MONDAY

10:00am.. Morning Chronicle  
10:30am . Morning Exercise  
11:00am . Classic TV  
2:00pm ... Trivia-Games  
3:00pm .. Matinee Movie

#### 15 TUESDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
**11:00am ...JENNY'S FRIENDS' MUSIC**  
1:00pm .....Handwork Circle w/ Jan  
3:00pm ....Matinee Movie

#### 16 WEDNESDAY

10:00am....Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
1:00pm .....Art with Garda  
3:00pm ....Matinee Movie

#### 17 THURSDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
**11:00am...Storytelling with Sharon**  
**2:00pm ...BUD'S BANJO MUSIC**  
3:00pm ....Matinee Movie

#### 18 FRIDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Bingo  
1:30pm .....Coloring/Games  
3:00pm ....Matinee Movie

#### 19 SATURDAY

10:00am....Morning Chronicle  
10:30am....Morning Exercise  
11:00am....Classic TV  
3:00pm ....Matinee Movie

#### 20 SUNDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am....Classic TV  
2:00pm ....Matinee Movie

### WEEK FOUR

#### 21 MONDAY

10:00am.. Morning Chronicle  
10:30am . Morning Exercise  
11:00am . Classic TV  
2:00pm ... Courtyard Time  
3:00pm .. Matinee Movie

#### 22 TUESDAY

10:00am ..Morning Chronicle  
10:30am ...Morning Exercise  
11:00am....Classic TV  
1:00pm ....Handwork Circle  
3:30pm ....Matinee Movie

#### 23 WEDNESDAY

10:00am....Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
1:00pm .....Art with Garda  
3:00pm .....Matinee Movie

#### 24 THURSDAY

10:00am....Morning Chronicle  
10:30am....Morning Exercise  
**11:00am...Storytelling with Brian**  
11:00am....Classic TV  
**2:00pm ...BUD'S BANJO MUSIC**  
3:00pm ....Matinee Movie

#### 25 FRIDAY

10:00am....Morning Chronicle  
10:30am....Morning Exercise  
11:00am....Classic TV  
3:00pm .....Bingo  
3:00pm ....Matinee Movie

#### 26 SATURDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am....Classic TV  
3:00pm .....Matinee Movie

#### 27 SUNDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am ...Classic TV  
2:00pm ....Matinee Movie

### WEEK FIVE

#### 28 MONDAY

#### MEMORIAL DAY

10:00am.. Morning Chronicle  
10:30am.. Morning Exercise  
11:00am.. Classic TV  
2:00pm .. Puzzles and Trivia  
3:00pm ... Matinee Movie

#### 29 TUESDAY

10:00am ...Morning Chronicle  
10:30am ...Morning Exercise  
11:00am....Courtyard Time  
1:00pm ....Handwork Circle with Jan  
3:00pm ....Matinee Movie

#### 30 WEDNESDAY

**10:00am...Music With Jimmy Stadler**  
11:00am ...Classic TV  
2:00pm .....Courtyard Time  
3:00pm ....Matinee Movie

#### 31 THURSDAY

10:00am....Morning Chronical  
10:30am....Morning Exercise  
**11:00am...Storytelling with Sharon**  
**2:00pm ...BUD'S BANJO MUSIC**  
3:00pm .....Matinee Movie

### THIS MONTH'S HOLIDAYS

**MAY 5 - FRIDAY - CINCO DE MAY**  
**MAY 13 - SUNDAY - MOTHER'S DAY**  
**MAY 28 - MONDAY - MEMORIAL DAY**

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**MB: Main Building**  
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**VB: Village Bristro**  
**BT: Bistro Theater**

**VL: Village Library**  
**EX: Exercise Room**  
**TBA: To Be Announced**