

Taos Retirement Village
414 Camino de la Placita
Taos, New Mexico 87571

Newly
Renovated
Assisted Living Units
Available Soon!
Call 575-758-8248
for details.



FOLLOW OUR
ACTIVITIES ON
FACEBOOK.



UPCOMING EVENTS

St. Paddy's Day Celebration

St. Patrick's Day is right around the corner, and we have a special treat planned. Anam Cara ("Soul Friend"), a local Celtic band will perform for us on **March 13th at 3pm** in the Main Building Music Room.

Jimmie Killingsworth, mandolin & guitar
Chris Knox, Irish flute, guitar & accordion
Becky Reardon, guitar & vocals
Billy Stewart, bodhran & Middle Eastern drums
Julie Hawley, Celtic harp and vocals

Dancing, music and of course some St. Patrick's Day culinary creations by Chef Doris and the dietary staff should make **this a "don't miss" event.**

If you're lucky enough to be Irish, you're lucky enough!



Teddy finds the Baby in the King Cake!

A Re-Cap of February

The Sharp Museum was kind enough to invite us for a docent tour and talk. Always curious, our residents had an informational discourse that left them wanting more.

Mardi Gras and Valentine's Day were "must celebrate" days. Doris and the rest of the Dietary staff outdid themselves yet again with yellow, green and purple pancakes, and a huge King Cake (with the baby hidden inside).

This Month's BIRTHDAYs

Wilma Bates 3/9
Dona Buckholts 3/13
Susan Portman 3/22
Jane Engle 3/30

Announcements

On February 22, 2018, we became officially licensed as an Assisted Living.

We are excited to be able to offer AL as an additional care option to residents already at TRV and to those within the community. More to follow about when construction will begin on the "left wing" of the old Med Center!



**TAOS
RETIREMENT
VILLAGE**
www.TaosRetirementVillage.com

MARCH 2018

414 Camino de la Placita • Taos, New Mexico 87571

VILLAGE CENTER UPDATES



The TRV Village Center

You may have noticed some changes down at the Village Center.

With the elevator repaired, we were able to create some more usable, accessible space upstairs. The former Game Room has been painted and decorated as the new massage room. It is a tranquil space perfect for relaxation and reflection.

The former Massage Room is now a multi-purpose room appropriate for games, visiting with friends, organizational meetings, bible study and the regular Friends Meeting. If you have a special event, please

reserve this room with the Life Enrichment Department or the Front Desk.

TRV is now serving lunch in the Village Center Bistro Monday-Friday. This gives residents both added meals and added opportunities to visit with their neighbors. It also helps us continue to build a strong sense of community throughout the campus.

Ideas are welcome. Please contact the Life Enrichment Department with anything you'd like to see TRV offer.

TRV Gives back to the Taos Community

A core value of our village is to be a productive part of our greater Taos community. With that in mind, the Life Enrichment Department has created the TRV Gives program.

Thus far we have started small. Our neighbors, the Taos Police and Fire Departments, support us regularly by helping to keep us safe, so Stephanie Toliver and Life Enrichment created gift baskets and delivered them to surprised emergency personnel, who greeted us with big smiles and kind words

of gratitude.

April de Herrera, who was a nurse at TRV, is now the school nurse at Taos High School. Her biggest task, she told us, is feeding hungry kids. Life Enrichment took this as an opportunity to bring them some food on behalf of TRV. There are many teens at the High School who are unable to get their meals at home. This is a way to make sure those young bodies and brains are fed to have a productive day!

If you would like to participate and donate food items for the High



School Nurse April de Herrera gives a thumbs-up thank you for the food donation

School students, please contact the Life Enrichment Department.

MARCH 2018

WEEK ONE

THIS MONTH'S HOLIDAYS

MAR 17, SAT - ST. PATRICK'S DAY

Join Us!

We invite you to stop in anytime for a tour and lunch, or to participate in one of our many community events and classes. Join us and experience our compassion and commitment for yourself.

WANT TO SEE WHAT THE FOLKS ARE UP TO? LIKE US ON FACEBOOK!



MB: Main Building **VL: Village Library**
VC: Village Center **EX: Exercise Room**
VB: Village Bristro **TBA: To Be**
BT: Bistro Theater **Announced**

1 THURSDAY

8:00am..... Breakfast – VB
 9:00am..... Residents' Council Meeting – VC
 9:30am..... Doctors' Appointments – MB
 10:00am..... Library Work Group – VL
 10:00am..... Residents' Meeting – VC
 10:30am..... Yoga with Janice – VT
 12 Noon..... Lunch – VB
2:00PM...BUD'S BANJO MUSIC – MB

2 FRIDAY

10:30am..... Strength and Balance – VT
 12 Noon..... Lunch – VB
 12:30pm March Birthday Cake VB
 1:00pm..... Beauty Appointments – MB
 1:30pm..... Matinee Movie – VT

3 SATURDAY

4 SUNDAY

WEEK TWO

5 MONDAY

9:30am..... South Loop Shopping – MB
 12 Noon..... Lunch – VB
 1:30pm Wellness Activity – Eye Relaxation and Activation – MN

6 TUESDAY

8:00am Breakfast – VB
 9:30am..... Doctors' Appointments – MB
 10:30am..... Yoga with Janice – VT
11:00am..JENNY'S FRIENDS' MUSIC – MB
 12 Noon..... Lunch - VB
 1:00pm..... Handwork Circle – MB

7 WEDNESDAY

9:30am North Loop Shopping – MB
 10:30am..... Tammy's Creative Movement – VT
 12 Noon..... Lunch – VB
 1:00pm..... Art with Garda
 2:00pm..... Rummy Cube – #58

8 THURSDAY

8:00am..... Breakfast – VB
 9:30am..... Doctors' Appointments – MB
 10:00am..... Library Work Group – VL
 10:30am..... Yoga with Janice – VT
 12 Noon..... Lunch - VB
2:00pm....BUD'S BANJO MUSIC – MB

9 FRIDAY

10:30am... Strength and Balance – VT
 12 Noon...Lunch – VB
 1:00pm..... Beauty Appointments – MB
 2:00pm.....Harwood Museum Exhibit outing

10 SATURDAY

11 SUNDAY

WEEK THREE

12 MONDAY

9:30am..... South Loop Shopping – MB
 12 Noon..... Lunch – VB
 1:30pm..... Wellness Activity – Eye Relaxation and Activation – MB

13 TUESDAY

8:00am..... Breakfast – VB
 9:30am..... Doctors' Appointments – MB
 10:30am..... Yoga with Janice – VT
 12 Noon..... Lunch - VB
 1:00pm..... Handwork Circle in Sun Rm – MB
3:00pm....CELTIC MUSIC: STRINGS, HARP AND DRUMS. Snacks available - MB

14 WEDNESDAY

9:30 am..... North Loop Shopping – MB
 10:30am..... Tammy's Creative Movement – VT
 11:00am..... St. James Episcopal Service – MB
 12 Noon..... Lunch – VB
 1:00pm..... Art with Garda
 2:00pm..... Rummy Cube – #58

15 THURSDAY

8:00am..... Breakfast – VB
 9:30am..... Doctors' Appointments – MB
 10:00am..... Library Work Group – VL
 10:30am..... Yoga with Janice – VT
 12 Noon..... Lunch - VB
2:00pm....BUD'S BANJO MUSIC – MB

16 FRIDAY

10:30am..... Strength and Balance – VT
 12 Noon..... Lunch – VB
 1:00pm..... Beauty Appointments – MB

17 SATURDAY

ST. PATRICK'S DAY

18 SUNDAY

TAOS RETIREMENT VILLAGE ACTIVITY CALENDAR

WEEK FOUR

19 MONDAY

9:30am.....South Loop Shopping – MB
 12 Noon...Lunch – VB
 1:30pm..... Wellness Activity – Eye Relaxation and Activation – MB

20 TUESDAY

8:00am.....Breakfast – VB
 9:30AMDoctors' Appointments – MB
 10:30am...Yoga with Janice – VT
11:00am...JENNY'S FRIENDS' MUSIC – MB
 12 Noon...Lunch - VB
 1:00pm.....Handwork Circle in Sun Room – MB

21 WEDNESDAY

9:30am.....North Loop Shopping – MB
 10:30am... Tammy's Creative Movement – VT
 12 Noon...Lunch – VB
 1:00pm.....Art with Garda
 2:00pm.....Rummy Cube – #58

22 THURSDAY

8:00am..... Breakfast – VB
 9:30am Doctors' Appointments – MB
 10:00am..... Library Work Group – VL
 10:30am Yoga with Janice – VT
 12 Noon..... Lunch - VB
2:00pm....BUD'S BANJO MUSIC – MB

23 FRIDAY

10:30am..... Strength and Balance – VT
 12 Noon..... Lunch – VB
 1:00pm..... Beauty Appointments – MB

24 SATURDAY

25 SUNDAY

WEEK FIVE

26 MONDAY

9:30am..... South Loop Shopping – MB
 12 Noon...Lunch – VB
 1:30pm..... Wellness Activity – Eye Relaxation and Activation – MN

27 TUESDAY

8:00am.....Breakfast – VB
 9:30amDoctors' Appointments – MB
 10:30am...Yoga with Janice – VT
 12 Noon ..Lunch VB
 1:00pm.....Handwork Circle in Sun Room – MB

28 WEDNESDAY

10:00am..... MUSIC WITH JIMMY STADLER
 10:30am..... Tammy's Creative Movement – VT
 12 Noon..... Lunch – VB
 1:00pm..... Art with Garda
 2:00pm..... North Loop Shopping - MB
 2:00pm..... Rummy Cube – #58

29 THURSDAY

8:00am..... Breakfast – VB
 9:30am Doctors' Appointments – MB
 10:00am..... Library Work Group – VL
 10:30am Yoga with Janice – VT
 12 Noon..... Lunch - VB
2:00pm....BUD'S BANJO MUSIC – MB

30 FRIDAY

10:30am..... Strength and Balance – VT\\
 12 Noon..... Lunch – VB
 1:00pm..... Beauty Appointments – MB

31 SATURDAY

1 SUNDAY (APRIL)

MARCH 2018

TAOS RETIREMENT VILLAGE ASSISTED LIVING ACTIVITY CALENDAR

WEEK ONE

THIS MONTH'S HOLIDAYS

MAR 17, SAT - ST. PATRICK'S DAY

Join Us!

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VB: Village Bristro **TBA: To Be**
BT: Bistro Theater **Announced**

1 THURSDAY

10:00am....Morning Chronicle
 10:30am....Morning Exercise
 11:00am....Classic TV
2:00pmBUD'S BANJO
 3:30pmMatinee Movie

2 FRIDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 11:00am ...Classic TV
 2:00pmBingo
 3:30pmMatinee Movie

3 SATURDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 2:00pmPuzzles and Trivia
 3:30pmMatinee Movie

4 SUNDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 2:00pmPuzzles and coloring
 3:30pmMatinee Movie

WEEK TWO

5 MONDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 11:00am ...Classic TV
 1:30pmWellness activity Eye Relaxation and Activation
 3:30pm Matinee Movie

6 TUESDAY

11:00am....Morning Chronicle
 10:30am ...Morning Exercise
11:00am...JENNY'S FRIENDS' MUSIC
 1:00pmHandwork Circle
 3:30pmMatinee Movie

7 WEDNESDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 11:00am ...Classic TV
 1:00pmArt with Garda
 2:00pmRummy Cube #58
 3:30pmMatinee Movie

8 THURSDAY

10:00am ...Morning Chronicle
 10:30am.... Morning Exercise
 11:00am ...Classic TV
2:00pmBUD'S BANJO
 3:30pm Matinee Movie

9 FRIDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 11:00am ...Classic TV
 2:00pmBingo
 2:00pmHarwood Museum Exhibit outing
 3:30pmMatinee Movie

10 SATURDAY

10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 2:00pmPuzzles and Trivia
 3:30pmMatinee Movie

11 SUNDAY

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WEEK THREE

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 11:00am ...Classic TV
 1:00pmHandwork Circle
3:00PMCELTIC MUSIC: STRINGS, HARP AND DRUMS. Snacks available
 3:30pmMatinee Movie

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10:00am ...Morning Chronicle
 10:30am ...Morning Exercise
 2:00pmSt James Episcopal Service
 1:00pmArt with Garda
 2:00pmRummy Cube #58
 3:30pmMatinee Movie

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